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Meal and vehicle rates used to calculate travel expenses for 2010

The rates for 2011 will be available on our website in 2012.

[Meal and vehicle rates for past years](#) are also available.

The following applies to the 2010 tax year.

Meal expenses

If you choose the **detailed method** to calculate meal expenses, you must keep your receipts and claim the actual amount that you spent.

If you choose the **simplified method**, you may claim a flat rate of \$17/meal, to a maximum of \$51/day (Canadian or US funds) per person. Although you do not need to keep detailed receipts for actual expenses if you choose to use this method, we may still ask you to provide some documentation to support your claim.

Vehicle expenses

If you choose the **detailed method** to calculate vehicle expenses, you must keep all receipts and records for the vehicle expenses you incurred for [moving expenses](#) or for [northern residents deductions](#) during the tax year; or during the 12-month period you choose for medical expenses.

Vehicle expenses include:

- Operating expenses such as fuel, oil, tires, licence fees, insurance, maintenance, and repairs.
- Ownership expenses such as depreciation, provincial tax, and finance charges.

You also have to keep track of the number of kilometres you drove in that time period, as well as the number of kilometres you drove specifically for the purpose of moving or medical expenses, or for the northern residents deductions. Your claim for vehicle expenses is the percentage of your total vehicle expenses that relate to the kilometres driven for moving or medical expenses, or for northern residents deductions.

For example, if you drove 10,000 km during the year, and half of that was related to your move, you can claim half of the total vehicle expenses on your tax return.

Although you do not need to keep detailed receipts for actual expenses if you choose to use the **simplified method**, we may still ask you to provide some documentation to support your claim. You must keep track of the number of kilometres driven during the tax year for your trips relating to northern residents deductions and moving expenses, or the 12-month period you choose for medical expenses. To determine the amount you can claim for vehicle expenses, multiply the number of kilometres by the cents/km rate from the chart below for the province or territory in which the travel begins.

Province or territory	Cents/kilometre
Alberta	51.5
British Columbia	52.0
Manitoba	47.5
New Brunswick	49.5
Newfoundland and Labrador	53.0
Northwest Territories	58.0
Nova Scotia	51.0
Nunavut	58.0
Ontario	55.0
Prince Edward Island	50.0
Quebec	56.5
Saskatchewan	46.0
Yukon	60.5

For more information, [contact us](#).

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